

Vidyaranya®
Hosabelaku Old Age Home
Mandur, Via Virgonagar, Bangalore East, Bangalore

MENU CHART

Week	Morning 7:00 to 7:30am	Breakfast 8:00 to 9:00am	Lunch 1:00 to 2:00pm	Evening 5:00 to 5:30pm	Dinner 8:00 to 9:00pm
Monday	Milk/Tea/Coffee	Upma	Ragi Ball, Rice, Sambar, ButterMilk	Milk/Tea/Coffee	Rice, Rasam, Papad, Vegetable Salad
Tuesday	Milk/Tea/Coffee	Tomato Rice Bath	Ragi Ball, Rice, Sambar, ButterMilk, Vegetable Salad	Milk/Tea/Coffee	Ragi Ball, Rice, Sambar
Wednesday	Milk/Tea/Coffee	Dosa	Ragi Ball, Rice, Greens Sambar, ButterMilk, Vegetable Salad	Milk/Tea/Coffee	Anna Sambar, Vegetable Salad
Thursday	Milk/Tea/Coffee	Vangibath	Roti, Rice, Sambar, ButterMilk, Grains Salad	Milk/Tea/Coffee	Roti, Rice, Sambar, Vegetable Salad
Friday	Milk/Tea/Coffee	Puliogare	Ragi Ball, Rice, Sambar, ButterMilk, Vegetable Salad	Milk/Tea/Coffee	Ragi Ball, Anna, Greens Sambar, Papad
Saturday	Milk/Tea/Coffee	Avalakki	Ragi Ball, Rice, Sambar, ButterMilk, Vegetable Salad	Milk/Tea/Coffee	Rice, Sambar, Alu Vada
Sunday	Milk/Tea/Coffee	Poori /Idly Sambar	Roti, Rice, Sambar, ButterMilk, Vegetable Salad	Milk/Tea/Coffee	Ragi Ball, Rice, Sambar, Egg, Banana

Note: Monthly once Non Veg Food will be provided for Beneficiaries